

[Glenna's Gift](#)

Lesson Overview:



[Glenna's Gift](#) is a short documentary produced by Children's Melanoma Prevention Foundation to introduce students to the dangers of indoor tanning. Glenna's Gift is based on interviews with Glenna Kohl who succumbed to melanoma at the age of 26. Glenna shares her personal struggle with a tanning addiction and melanoma. The video features actual high school students viewing and responding to the interviews. Their comments as they vacillated between empathy and denial provide a discussion starter for classroom programs. Another segment includes a dermatologist teaching the "ABCDE's of Melanoma" detection to a college student. This peer-to-peer perspective provides a "reality TV" format that has been well received in our classroom presentations and focus groups.

This lesson plan is geared for high school students.

Lesson Objectives:

Students will ...

- Explain the dangers of indoor tanning
- Describe alternatives to tanning
- Identify the ABCDEs of Melanoma

Key Vocabulary:

ABCDEs of Melanoma

Teach 1: *Gift Box Review*

After viewing and discussing the documentary **Glenna's Gift**, students will demonstrate knowledge by completing the gift box activity highlighting the main topics of **Glenna's Gift**.

Headings for the gift box sides:

- ABCDEs of Melanoma-Students describe what each letter represents.
- Dangers of indoor tanning
- Alternatives to tanning
- What can you do to prevent melanoma

Materials and Preparation:

- Paper (writing and wrapping)
- Pencils and Markers
- Gift boxes
- [Glenna's Gift](#) link

Students will use paper to record information for each of the listed headings that relate to a discussion topic from *Glenna's Gift*. Each heading/topic will be placed on a side of the gift box. Gift boxes may be displayed and used for review purposes.

Teach 2: *Just the Facts -Brochure or Poster*

Students will work individually or in cooperative groups to research and produce an informational brochure or poster related to the dangers of tanning.

Materials and Preparation:

- Pencils and Markers
- Paper or poster board
- Access to library

Teach 3: *3.2.1 Reflection*

Students will complete a written or typed reflection noting **three** things they learned from *Glenna's Gift*, **two** questions that they have about protecting their skin, and **one** piece of information from the documentary that they will share with their friends and family.